

# MEET ELSIE —SHE'S 100!



Story: CLARE FALLON

Picture: JOHN MOUNTAIN

**THE Mayor and Mayoress of Eastbourne made a special visit on their first Sunday of official duties.**

They called on Miss Elsie West at the House of Rest in Burlington Place to congratulate her on her 100th birthday.

Mr and Mrs Joe Angelman spent half an hour chatting to Miss West in a room filled with flowers, gifts and 105 birthday cards, including a telegram from the Queen.

A magnificent iced cake was made by Miss West's 88-year-old sister, who lives in Broad Oak.

Miss West was born in Abingdon, Berkshire, and moved to Broad Oak as a girl. Throughout her working life

she ran a milliner's and ladies' outfitters and dedicated all her spare time and money to the work of the British Christian Alliance.

She moved to Worthing after retiring and came to the House of Rest, a home for retired Christian workers, eight years ago.

Relatives from Canada flew over for the birthday celebrations, and a family party took place.

The executive superintendent of the House of Rest, Mr Henry MacKendrick, said, 'It is a privilege to have someone like Miss West here. In the three years I have been at the home I have never known her to stay in bed ill.'